



IMPRINT AREA

**KPMC - OAKLAND
INTERVENTIONAL RADIOLOGY
(510) 752-7573**

DISCHARGE INSTRUCTIONS **FOLLOWING PERITONEAL CATHETER PLACEMENT**

1. The sterile catheter dressing will remain intact until you go to your assigned peritoneal dialysis clinic appointment for a dressing change within 7-10 days following surgery.
2. Do not remove dressing until instructed to do so by the peritoneal dialysis (PD) nurse. You may reinforce the dressing with tape, if necessary. If your doctor advised you differently, please contact your dialysis unit for verification of instruction.
3. Do not take shower or bathe until instructed to do so by the peritoneal dialysis nurse. You may take sponge baths if necessary. NOTE: It will take about 3 weeks for the catheter exit site to heal and become usable. During this time, the area must be kept dry.
4. Call your peritoneal dialysis unit to schedule an appointment for dressing change if you were not given an appointment when discharged.
5. Do not lift anything heavy for at least 3 weeks following surgery. Weight lifting limitations will be discussed by your PD nurse during your training period.
6. You should expect some discomfort from the catheter placement. You will be given pain medication upon discharge. Please take the medication as ordered when needed. You should not experience severe pain, but if you do, please call Interventional Radiology (510-752-7573) or your nephrologist. NOTE: Some pain medications may cause constipation which should be avoided in peritoneal dialysis patients. If you become constipated, please contact your nephrologist or dialysis clinic.
7. You may notice drainage on your abdominal dressing and some bleeding is to be expected. If you notice that your dressing is very bloody, please call the peritoneal dialysis unit for advice.
8. Regular training schedule usually begins 2 weeks after catheter placement to allow adequate healing. You will be advised of your training start date by the PD unit where you will be trained.
9. If you have any other questions or concerns, please call your PD unit.

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