

## PHASE ONE SCHEDULE

### Day Treatment Patient Attendance Hotline **(510) 251-3964**

All Groups in Room #5 Unless Otherwise Noted

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  | SUNDAY   |
|---|---|---|---|---|---|--|
| 10:15-10:30AM<br>Check-In<br>@ Reception  | 12:15-12:30PM<br>Check-In<br>@ Reception  | 10:15-10:30AM<br>Check-In<br>@ Reception  | 10:15-10:30AM<br>Check-In<br>@ Reception  | 10:15-10:30AM<br>Check-In<br>@ Reception  | 9:45-10:00AM<br>Check-In<br>@ Reception                               | 10:15-10:30AM<br>Check-In<br>@ Reception         |
| 10:30– 11:15 AM<br>Phase 1<br>Community Meeting   | 12:30-1:30 PM<br>Acupuncture<br><b>RM #7</b>  | 10:30– 11:15 AM<br>Phase 1<br>Community Meeting   | 10:30– 11:15 AM<br>Phase 1<br>Community Meeting   | 10:30– 11:15 AM<br>Phase 1<br>Community Meeting   | 10:00 – 11:00 AM<br>Outside Meeting<br><b>(REQUIRED)</b><br>(at CDRP) | 10:30 – 11:45 AM<br>Phase 1 Community<br>Meeting |
| 11:15 – 11:30 AM<br><b>Break</b>  | 1:30-1:45PM<br><b>Break</b>   | 11:15 – 11:30 AM<br><b>Break</b>  | 11:15 – 11:30 AM<br><b>Break</b>  | 11:15 – 11:30 AM<br><b>Break</b>  | 11:00 – 11:45 AM<br>Phase 1 Community<br>Meeting                      |  |
| 11:30 – 12:30 PM<br>Acupuncture   | 1:45-2:30PM<br>Phase 1<br>Community Meeting   | 11:30 – 12:30 PM<br>Acupuncture   | 11:30 – 12:30 PM<br>Acupuncture   | 11:30 – 12:30 PM<br>Acupuncture   |   |  |
| 12:30 – 1:30 PM<br><b>Lunch</b><br>CA Meeting @ CDRP  | 2:30-3:00PM<br><b>Break</b>   | 12:30 – 1:30 PM<br><b>Lunch</b><br>LifeRing<br>Meeting @ CDRP                                       | 12:30 – 1:30 PM<br><b>Lunch</b><br>Smart Recovery @CDRP   | 12:30 – 1:30 PM<br><b>Lunch</b><br>AA Meeting @ CDRP  |   |  |
| 1:30 – 2:30 PM<br>Phase 1 Education<br>Group  | 3:00-4:00PM<br>Phase I Education<br>Group   | 1:30 – 2:30 PM<br>Phase 1 Education<br>Group  | 1:30 – 2:30 PM<br>Phase 1 Education<br>Group  | 1:30 – 2:30 PM<br>Phase 1 Education<br>Group  |   |  |
| <b>2:30PM – 3:30PM</b><br><b>**Testing OR</b><br><b>Meeting with</b><br><b>Medical or Therapist</b> | <b>4:00PM – 4:15PM</b><br><b>**Testing OR</b><br><b>Meeting with</b><br><b>Medical or Therapist</b> | <b>2:30PM – 3:30PM</b><br><b>**Testing OR Meeting</b><br><b>with Medical or</b><br><b>Therapist</b> | <b>2:30PM – 3:30PM</b><br><b>**Testing OR Meeting</b><br><b>with Medical or</b><br><b>Therapist</b> | <b>2:30PM – 3:30PM</b><br><b>**Testing OR Meeting</b><br><b>with Medical or</b><br><b>Therapist</b> |   |  |

- Outside meetings held at CDRP are for Phase I participants and everyone.
- Meeting rooms may change without notice
- Testing is random each day (please observe testing schedule posted at reception desk)

**\*\*You need to be present to meet Medical Staff or Therapist during this timeframe**