

PHASE ONE SCHEDULE Day Treatment Patient Attendance Hotline (510) 251-3964

All Groups in Room #5 Unless Otherwise Noted

All Groups in Room #5 Offices Otherwise Noted						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:15-10:30AM	12:15-12:30PM	10:15-10:30AM	10:15-10:30AM	10:15-10:30AM	9:45-10:00AM	10:15-10:30AM
Check-In	Check-In	Check-In	Check-In	Check-In	Check-In	Check-In
@ Reception	@ Reception	@ Reception	@ Reception	@ Reception	@ Reception	@ Reception
10:30- 11:15 AM		10:30– 11:15 AM	10:30- 11:15 AM	10:30- 11:15 AM	10:00 - 11:00 AM	
Phase 1	12:30-1:30 PM	Phase 1	Phase 1	Phase 1	Outside Meeting	10:30 – 11:45 AM
Community Meeting	Acupuncture	Community Meeting	Community Meeting	Community Meeting	(REQUIRED)	Phase 1 Community
	RM #7				(at CDRP)	Meeting
11.15 11.20 AM	1.20 1.45DM	11.15 11.20 AM	11.15 11.20 AM	11.15 11.20 AM	11.00 11.45 AM	
11:15 – 11:30 AM	1:30-1:45PM	11:15 – 11:30 AM	11:15 – 11:30 AM	11:15 – 11:30 AM	11:00 – 11:45 AM	
Break	Break	Break	Break	Break	Phase 1 Community Meeting	
11:30 – 12:30 PM	1:45-2:30PM	11:30 – 12:30 PM	11:30 – 12:30 PM	11:30 – 12:30 PM		_
Acupuncture	Phase 1	Acupuncture	Acupuncture	Acupuncture		
	Community Meeting					
12.20 1.20 DM	2.20.2.00DM	12.20 1.20 DM		12.20 1.20 DM		
12:30 – 1:30 PM	2:30-3:00PM	12:30 – 1:30 PM	12:30 – 1:30 PM	12:30 – 1:30 PM		
Lunch	Break	Lunch	Lunch	Lunch		
CA Meeting @ CDRP		LifeRing				
		Meeting @ CDRP	Smart Recovery @CDRP	AA Meeting @ CDRP		
1:30 – 2:30 PM	3:00-4:00PM	1:30 – 2:30 PM	1:30 – 2:30 PM	1:30 – 2:30 PM		
Phase 1 Education	Phase I Education	Phase 1 Education	Phase 1 Education	Phase 1 Education		
Group	Group	Group	Group	Group		
2:30PM – 3:30PM	4:00PM – 4:15PM	2:30PM – 3:30PM	2:30PM - 3:30PM	2:30PM - 3:30PM		
**Testing OR	**Testing OR	**Testing OR Meeting				
Meeting with	Meeting with	with Medical or	with Medical or	with Medical or		
Medical or Therapist	Medical or Therapist	Therapist	Therapist	Therapist		
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- Outside meetings held at CDRP are for Phase I participants and everyone.
- Meeting rooms may change without notice
- Testing is random each day (please observe testing schedule posted at reception desk)

^{**}You need to be present to meet Medical Staff or Therapist during this timeframe