

## Biliblanket Instructions

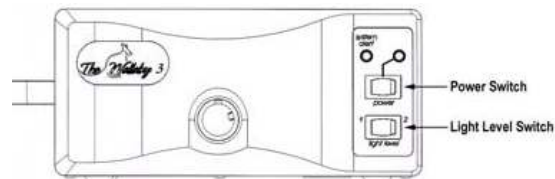
When an infant is jaundiced, a biliblanket that is used **continuously** at home may help to decrease the bilirubin. The biliblanket is a long pad that shines a full spectrum fiber-optic light and it **will not burn or harm your baby**.

### Getting the Biliblanket:

Apria Healthcare will be delivering the biliblanket to the hospital or your home. They will call you to confirm the order.

### Using the Biliblanket:

1. Attach the hose to the machine by inserting it into the circular opening and then twisting it so that it remains securely in place. Attach power cord to machine.
2. Cover the pad with one of the disposable cloths provided. Place the white side of the cloth onto the clear side of the pad (side without writing).
3. Place the skin of the baby's back onto the white side of the covered pad. Your baby's head should not be placed on the pad, only the back. The hose should go towards the legs.
4. You may either wrap the flaps that have an adhesive strip around the baby's chest to keep it in place or you can choose not to use the flaps by removing them or tucking them under the pad.
5. Wrap a blanket snugly around your baby, keeping the Biliblanket directly against your baby's skin. The blanket should keep you from seeing the light from the Biliblanket. The baby may also lie skin to skin on you with the Biliblanket over the baby's back, but be sure to cover both of you with a blanket to keep the light away from your eyes.
6. Plug the unit in and turn it on.



For the Wallaby 3 (see above), push the power switch to on and the light level to 2 located on front panel.



For the Biliblanket plus (see above), push the on/off switch located on the back panel near the extension cord and then dial the light setting on front left panel to maximum.



For the BiliTx (see left), push and hold the silver button located on the machine cylinder until the blue light is seen

7. Remove the biliblanket from the baby when changing diapers or bathing. However, the biliblanket should remain on as much as possible throughout the day and night. This will increase the chance that your baby's jaundice will improve by the next laboratory check.

### Reporting Problems:

1. If you have not heard from Apria Healthcare within 2 hours after the biliblanket was ordered by the Pediatrician or Nurse Practitioner, call Apria at **510-346-4000**. If you cannot resolve the issue with them, call our Pediatric Advice line at **510-675-4050 for Hayward or 510-795-3050 for Fremont**.
2. In the event that the biliblanket does not arrive, don't panic. It is not an emergency and the issue will be corrected the following day.
3. If you are missing parts, call Apria as outlined above.

### Returning the Biliblanket:

The Pediatrician or Nurse Practitioner will let you know when the biliblanket is no longer needed. Call Apria Healthcare at 510-346-4000 to pick up the biliblanket at your residence at that time.