

# Bereavement Services Kaiser Permanente Northern California

## Kaiser Permanent Bereavement services in the Northern California Region

| SERVICE AREA                       | PHONE NUMBER |
|------------------------------------|--------------|
| Hayward & Fremont                  | 510-675-5792 |
| Napa/Solano                        | 707-645-2106 |
| Sacramento                         | 916-977-3197 |
| Oakland/Richmond                   | 510-752-7757 |
| Martinez & Walnut Creek            | 925-229-7817 |
| San Jose/Redwood City              | 408-342-6699 |
| San Francisco/ South San Francisco | 415-833-3173 |

### **OUTSIDE OF THE BAY AREA**

You can receive free Bereavement counseling from hospice services in your area. Inside California, please call the California Hospice and Palliative Care Association at 916-441-3770, or send an email to hospice@inreach.com.

### **OUTSIDE OF CALIFORNIA**

Please call the National Hospice & Palliative Care Organization (NHPCO) at 800-658-8898. An internet search engine is available. To locate any national hospice services by state, county, city or zip code, please visit: www.nhcpo.ort/custom/directory/index.cfm

### **URGENT CRISIS INTERVENTION**

Hospice bereavement services are not available on an emergency basis. If you feel you are in a crisis situation and need to talk to someone immediately, help is available through one of the following 24 hour crisis intervention phone numbers below:

| CITY / COUNTY                       | PHONE NUMBER   |
|-------------------------------------|----------------|
| Contra Costa                        | 800-837-1818   |
| North Alameda                       | 510 849-2212   |
| Fremont / Union City / Newark       | 510 889-1333   |
| Hayward/Castro Valley               | 510-889-1333   |
| Livermore Valley                    | 510-749-5566   |
| San Francisco                       | 415-781-0500   |
| National Suicide Prevention Hotline | 1-800-273-8255 |

