

Websites for Grief and Loss

Center for Loss and Life Transition

www.centerforloss.com

The Center has exceptional books and materials for grieving adults, teens, and children.. including many excellent articles by Alan Wolfelt

Crisis Support Services of Alameda County

Grief and Senior Counseling: 800-260-0094

www.crisissupport.org

Provides suicide prevention services and grief counseling. Offers weekly support groups, including support for suicide survivors. Suicide survivors group meets weekly. Phone crisis counseling is not limited to suicide. Serves Alameda County.

The Compassionate Friends

www.compassionatefriends.org

The Compassionate Friends is a national nonprofit, self-help support organization which offers friendship, understanding and support to families who are grieving the death of a child of any age, from any cause

Counseling for Loss and Life Changes

www.counselingforloss.com

A well-done website which has much good advice and many good resources.

Death-Dying.com: The Life Surrounding Death

<http://www.death-dying.com/>

A full-service website with chat rooms, message boards, and online literature and help services.

The Dougy Center: The National Center for Greiving Children and Families

www.dougy.org

Support and resources for children dealing with grief and los

GriefNET

www.rivendell.org

A well prepared site with memorial pages and other good resources. "Support groups" which e-mail directly to you are available allowing discussion with people of similar experiences.

GROWW - Grief Recovery Online

www.groww.com

The primary function and expertise of GROWW is the development of bereavement support groups online in the format of "chat rooms". The founders of GROWW have successfully proven the merit of the use of chat rooms for the grief recovery program.

Journal through Grief

<http://www.journey-through-grief.com/>

On this website there are articles about grief, suggestions for journaling or using other creative methods for working with grief, and a place to share. There are some Christian based references but most of the information is non-religious.

Tom Golden's Crisis, Grief and Healing Website

www.webhealing.com

A memorial section allows one to tell their story so it can be archived. Such stories can be of help to others finding the site. A discussion board is also included. This is a free website, although Golden's book appears prominently and can be ordered.

Willowgreen

www.opn.com/willowgreen

Some very good spiritual resources with links to other grief support sites. Good online tips and advice.

Young Widows

www.youngwidow.org/

Support for young widows and widowers, both with and without children.