

## Passport to Surgery

It is very important that you review the following information in preparation for your surgery. More important information is on the Perioperative Medicine/POM Department website. Please note that you may receive phone calls for each step of the process.

### **Before Surgery:**

#### 1. Pre Surgery Lab and EKG

Please complete as soon as possible so that we receive your results before your Pre-op appointment.

Lab work (EKG) Electrocardiogram

#### 2. Pre-op Appointment (POM)

You must complete this prior to your surgery for medical clearance and instructions.

In-Person, pre-op appointment scheduled on \*\*\* at \*\*\* located at San Leandro Medical Office Building A, Suite 217. Please register at the Oncology Department. After registration, the receptionist will direct you to the Pre-op/POM department. Please bring a list of your medications, both prescription and over the counter.

In-Person. Perioperative Medicine/POM Appointment scheduled on \*\*\* at \*\*\*. Please register at the Fremont Bariatric Department located on the 1st floor Niles building. Please bring a list of your medications, both prescription and over the counter.

You are scheduled for a telephone pre op appointment with the Perioperative Medicine Nurse Practitioner on \*\*\* between \*\*\* and \*\*\*. Please expect to be called within 1 hour of your appointment time. To prepare for the appointment, please have available a list of your medications (both prescription and over the counter) and paper/pen

#### 3. Financial (co-pay) Information

Fremont Hospital (admitting office). Hours: 24/7. Phone: 510-248-7066

Fremont Ambulatory Surgery-Hours: 24/7. Phone: 1-800-464-4000

San Leandro Surgery and Procedure Center-Hours: 24/7. Phone: 510-454-7215

#### 4. To cancel/change the date of your surgery

Surgery Support Services (except for urology surgery)

Hours: M-F 9am-5pm. Closed holidays. Phone: 510-675-5111.

For urology surgery, please call Sylvia Harvey.

Hours: M-F 8:30am-4:30pm. Closed holidays. Phone: 510-784-4282

#### 5. To change your pre-op appointment

Perioperative Medicine/POM Department.

Hours: M-F 8:30am-4:30pm. Closed 12:30-1:30pm. Closed holidays.

Phone: 510-454-7600

### **Surgery Arrival time:**

You will receive a call within 3 business days prior to your surgery to confirm arrival time and registration location. If you do not receive this notification, please call:

Fremont hospital (510-248-3237) Hours: 9am-5:30 pm M-F

Ambulatory Surgery (Fremont) (510-248-5670) Hours: 1-5 pm M-F

Eye surgeries in Ambulatory Care Fremont (510-675-6641) Hours: 9am-5pm M-F

San Leandro (510-454-2820) Hours: 1-7:30 pm M-F

**Day of Surgery:** Questions, concerns, illnesses such as cold or flu etc.

Fremont Main Hospital 510-248-3119, Fremont Ambulatory Surgery 510-248-5650,

San Leandro Hospital 510-454-7001

## **Location and Hours of Operation**

### **San Leandro Medical Center-2500 Merced Street, San Leandro Ca 94577**

#### Perioperative Medicine Department/POM.

Enter the Medical Office Building. Take the elevator to the 2<sup>nd</sup> floor. Register in Oncology and go to Perioperative Medicine Department/POM (Suite 217).

Hours: M-F 830am-430pm. Closed for lunch 1230-130pm Closed holidays.

Phone: 510-454-7600.

Labs and EKG- Labs and EKG (cardiology) are on the 1<sup>st</sup> floor of the Medical Office Building . Closed holidays.

Lab: Hours: M-F 7am-7 pm, Sat-Sun 7am-12:00 noon. Phone: 510-454-4250.

EKG:

Hours: M-F 8:30am-5pm. Closed for Lunch12:30-1:30pm. Phone: 510-454-2500.

Admitting for Surgery- Please enter through the rotunda and proceed to the 2<sup>nd</sup> floor to the Surgery and Procedure Center (Suite 202). Hours: 530am-530pm.

Phone: 510-454-7215.

### **Fremont Medical Center-39400 Paseo Padre Parkway, Fremont CA 94539**

#### Perioperative Medicine Department/POM

Please go to Bariatrics which is on the 1<sup>st</sup> floor of Niles East. Phone: 510-248-5399.

#### For Labs and EKG

Lab: 2nd floor of hospital.

Hours: M-F 7am-7pm, Sat-Sun 7am–12 pm. Closed holidays. Phone: 510-248-3139.

EKG: Cardiology department, Mission building.

Hours: M-F 8:30 am-5pm. Closed for Lunch 12:30-1:30pm. Closed holidays.

Phone: 510-248-3363.

#### Admitting for Surgery:

**Fremont Hospital**-Admitting office-1st floor off the hospital lobby

Hours: 24/7 Phone: 510-248-7066.

**Fremont Ambulatory Surgery-day of surgery only** (1<sup>st</sup> floor Embarcadero building).

Hours: M-F 7am-5pm Phone: 510-248-5650.

**Union City Medical Offices -3555 Whipple Road, Union City**

EKG: Located building B, 1st floor

Hours: M-F 830am-5pm. Closed for lunch 1230-130pm. Closed holidays

*Labs*:. Located Building A, 1<sup>st</sup> floor.

Hours: 7am-530pm M-F. Closed holidays. Phone: 510-675-2170

**Sleepy Hollow (Hayward) for lab only, 1st floor**

Hours: M-F 9am-530pm, closed for lunch 1230-130pm. Closed holidays.