

STROKE SURVIVOR SUPPORT GROUPS

KAISER FOUNDATION REHABILITATION CENTER – VALLEJO, CALIFORNIA

Alameda County

Oakland

Alta Bates Summit Rehab Center

Meets: 1st Tues. of the month
Time: 4:00-5:00pm
Address: Alta Bates Medical Center
350 Hawthorne Ave
Oakland, CA
Contact: Michael Rodevich, Ph.D.
Phone: (510) 869-6308
Email: support@psastroke

Fremont

Stroke & Head Injury Support Group

Meets: 4th Tues. of the month
Time: 1:00-2:00pm
Address: Washington West Hospital
2500 Mowry Ave
Fremont, CA 94538
Phone: (510) 745-6525

Hayward

Address: Cal State University East Bay
Contact: Shelley Simrin, M.A., CCC-SLP
Phone: (510) 885-4762 or (510) 885-3233
Email: ssimrim@csuhayward.edu

East Bay Brain Injury Support Group

Phone: (510) 433-9955
Address: Rockridge Library
5366 College Ave
Oakland, CA. 94618

Castro Valley

Eden Hospital Support Group

Meets: 4th Tues. of the month
Time: 3:00-4:00pm
Address: Eden Medical Center
Medical Office Building
Conference Center
20101 Lake Chabot Rd. 2nd Floor
Castro Valley, CA 94546
Contact: Liz Whitaker or Sylvia Dawson

Contra Costa County

Head Injury Support Group

Meets: 4th Wed of the month
Time: 7:30-9:00pm
Address: San Ramon Regional Center
7777 Norris Canyon
San Ramon, CA
Contact: Judy Blazin
Phone: (925) 443-4366

Brain Tumor Group

Meets: 2nd & 4th Wed of the month
Time: 7:00-9:00pm
Address: 3276 McNutt Ave
Walnut Creek, CA 94596
Phone: (925) 933-0107

Concord/Walnut Creek

Meets: 2nd Monday of the month
Time: 7:00pm-9:00pm
Address: Mt. Diablo Medical Center
Concord, CA 94520
John Muir Medical Center
1601 Ygnacio valley Rd.
Walnut Creek, CA 94596
Contact:
Phone: (925) 376-6218

Marin County

KEEPING HOPE ALIVE

Meet: Every Friday
Time: 11:00-1:00pm
Address: 1132 Magnolia Ave
Larkspur, CA
Contact: Carol Howard-Wooten
Phone: (415) 461-6771
Email: carol@keepinghopealive.org

**Marin Independent Living Center
Schurig Center for Brain Injury Recovery**
www.schurigcenter.org

San Rafael

Brain Injury Support Group

Meets: Every Tuesday
Time: 5:00pm
Address: 710 4th St
San Rafael, CA 94901
Phone: (415) 459-6245

Napa County

Post-Stroke Support Group

Meets: 2nd Tuesday of the month
Time: 3:00pm-4:00pm
Contact: Kate Candland-Daw
Phone: (707) 252-4411 ext.2819
Email: kate.candland@stjoe.org

Sacramento County

www.braininjurycenter.com/sacramento-county-support-groups

Stroke Support Group

Meets: 1st, 3rd, 5th Thursday of the month
Time: 11:00am- 12:30pm
Address: Sutter Cancer Center
First Floor Classroom 3 & 4
2800 L Street
Sacramento, CA

www.sacstrokesupport.org

Head Trauma Support Project

2500 Marconi Ave.
Sacramento, CA 95821
(916) 568-6660

www.headtraumasacramento.org

Stroke Survivors Support Group

Roseville

Meets: 2nd Tuesday of the month
Time: 1:30pm-3:00pm
Address: Sutter Rehabilitation Institute
6 Medical Plaza (Dining Room)
Roseville, CA 95661

Meets: Every Tuesday
Time: 2:00-3:00PM

Sacramento

Stroke Survivor Support Group

Address: UCD Main Hospital
2315 Stockton Blvd.
Sacramento, CA 95817
Contact: Holly Bleasdale
Phone: (916) 734-3467
Email: hdbleasdale@ucdavis.edu

Sutter Medical Foundation

Auburn

Meets: 3rd Thursday of the month
Time: 11:00am-12:00pm
Address: Sutter Auburn Faith Hospital
11815 education St.
Auburn, CA 95606
Contact: Bobbi Davison, OT

UC Davis TBI Support Group

"Grey and white Matters"
Greyandwhitematters@yahoo.com

Greenhaven Stroke Support Lunch

Meets: 3rd Monday of the month
Time: 11:30 am
Contact: Gerry or Peggy
Phone: (916) 392-5614
Email: user117515@aol.com

San Francisco County

San Francisco Support Group

Meets: 3rd Thurs of the month
Time: 4:40-6:00pm
Address: Kaiser Permanente
450 6th Ave 1st Floor Board room
San Francisco, CA
Contact: sarah.e.mena@kp.org
Phone: (800) 805-7104
Website: www.livingwellah.com/events.php

San Mateo County

Burlingame

Meets: Last Tuesday of the month
Time: 2:45-4:00pm
Address: Mills-Peninsula Hospital
1501 Trousdale Dr
Burlingame, Auditorium #2
Contact: Deborah Flaherty, MA

Los Gatos

Meets: 2nd Tues. of the month
Time: 3:00-4:30pm
Address: 15891 Los Gatos-Almaden Rd
Los Gatos, CA
Contact: May Goodreau, SLP;
Naz Motayar, Neuropsychologist

Chit-Chat Aphasia Group

Meets: 1st Wed. of the month
Time: 3:00pm
Address: Mission Oaks Campus of Good
Samaritan Hospital, cafeteria Conference
15891 Los Gatos-Almaden Rd
Contact: Kristine Kidger, CCC SLP

Young Adult Stroke Survivor Group

Meets: 3rd Thurs. of the month
Time: 4:00-5:00pm
Address: Good Samaritan Hospital
Contact: Clint Hopwood, OT/L, c/NDT

Menlo Park

Meets: 1st Tues. of the month
Time: 3:00-5:00pm
Address: LittleHouse Activity Center
800 Middle Ave
Menlo Park, CA
Contact: Peter Nelson, MD

Mountain View

Women's Post-Stroke Support Group
Meets: Last Fri. of the month
Time: 10:30am -12:00pm
Address: El Camino Hospital
2500 Grant Rd Ground Floor
Mountain View, CA
Contact: Rinku Lalchandrani, PhD ABPP

Palo Alto

Stanford Speech Communication group

Meets: 3rd Monday of the month
Time: 3:30-5:00pm
Address: Stanford Hospital
213 Quarry Rd, Rm# H3150
Palo Alto, CA
Contact: Sandra Deane MS, CCC-SLP
Phone: (650) 725-5108
Email: sdeane@stanfordhealthcare.org

San Mateo

Aphasia Support Group

Meets: Weekly on Wed.
Time: 1:00-1:45pm
Address: Mills Health Center
100S. San Mateo Dr.
San Mateo, CA
Contact: Katy Cheung, SLP
Phone: (650) 696-4883

Stanford Stroke Support Group

Meets: 2nd Thurs. of the month
Time: 12:30-2:00pm
Address: 213 Quarry Rd, Rm# 0511
Palo Alto, CA

Website: www.stanfordhealthcare.org/nscp

Santa Clara County

San Jose

A Time to Talk

Meets: 2nd Wed. of the month
Time: 3:30-5:30pm
Address: O'Connor Hospital
2105 Forest Ave. Cafeteria Rm A & B
San Jose, CA
Contact: Laleh Ebadat, PT; Craig Moloney, OT

Post-Stroke Support Group

Meets: 3rd Wed of the month
Time: 1:00-2:30pm
Address: 225 N. Jackson Ave, Tower III,
Peppertree Room Basement
San Jose, CA
Contact: Shiva Daryan MA, CCC-SLP

Kaiser Permanente Post-Stroke Support Group

Meets: 2nd Thurs. of the month
Time: 3:00-4:15pm
Address: Kaiser Permanente
Santa Clara MOB Rm # A3-A4
710 Lawrence Expressway
Santa Clara, CA
Contact: Juliana Wall, OTR/L

