

NAPA COUNTY SENIOR CENTER & COMMUNITY RESOURCES

KAISER FOUNDATION REHABILITATION CENTER – VALLEJO, CALIFORNIA

Independent Living Resource Centers

Multi-service agency promoting independence for individuals with disabilities through information, referral, advocacy, and support. www.ilruc.org

Disability Service & Legal center

Napa (707) 258-0270

Community Colleges

Community Colleges have adapted physical education programs for students with disabilities by providing ongoing fitness and exercise.

Napa Valley College:

DSP&S: (707) 253-3080

APE Program: (707) 253-3228

Redwood Caregiver Resource Center

Information for caregivers and support groups. <http://www.redwoodcrc.org>
(707) 542-0282 (800) 834-1636

In Home Support Services (IHSS)

Services to help persons with disabilities with limited resources. (707) 253-4625

Medi-Cal

(707) 253-4511

Durable Medical Equipment (DME)

Kaiser DME Dept: (877) 317-6230

Paratransit

Wheelchair accessible van, providing door-to-door transportation in the community

CA Transit Links:

www.apta.com/links/state_local/ca.cfm

Van Go/Napa Transit: (707) 252-2600

Department of Vocational Rehabilitation

Provides training/education to help develop skills to return to work or find more suitable employment. (707) 428-2080

Adult Day Services of Napa Valley

Provides, rehabilitative therapies, social services, and personal care for elderly persons and people with significant physical limitations. FEE based (707) 258-9087

Napa Valley Adult Education Classes

Classes include: Health and Fitness; Fit for Life; Strength and Balance; Non-impact Exercise; Yoga Blend; Tai Chi; Pilates; Strength Training
Locations in: Napa & American Canyon
(707) 253-3594

Senior Activity Center

1500 Jefferson Ave
(707) 257-9506
seniorcenter@cityofnapa.org

Napa Spinal Cord Injury Network

Community Outreach Center
3448 Villa Lane, Suite 102
Napa, CA 94558
Contact: Jim Burnett (707) 299-9123
napascin@gmail.com or
<http://www.napascinetwork.org/>