

PLACER COUNTY SENIOR CENTER & COMMUNITY RESOURCES

KAISER FOUNDATION REHABILITATION CENTER – VALLEJO, CALIFORNIA

Seniors First

12183 Locksley Lane #205
Auburn, CA
(530) 889-9500
www.Seniorsfirst.org

Health Express

11566 D Ave
Auburn, CA
(530) 887-7433

Auburn Multi-Purpose Senior Center

11577 E Ave
Auburn, CA
(530) 823-8172
www.auburnseniorcenter.com

The Gables at Springfield

2801 Springfield Dr
Rocklin, CA 95765
(916) 630-4330

Area 4 Agency On Aging

2260 Park Towne Circle #10
Sacramento, CA
(916) 486-1876
www.a4aa.com

Placer Independent Resource Services(PIRS)

Multi-service agency promoting
independence for individuals with disabilities
through information, referral, advocacy and
support.

www.pirs.org (530) 885-6100
TDD: (530) 885-0326

Del Oro Caregiver Resource Center

(916) 971-0893 (800) 635-0220
<http://www.deloro.org>

Community Colleges

Community Colleges have adapted physical
education programs for students with disabilities
by providing ongoing fitness and exercise.
Sierra College Rocklin Campus
DSP&S (916) 660-7460

In Home Support Services (IHSS)

Services to help persons with disabilities
with limited resources.
Roseville: (916) 784-6003
Auburn: (530) 889-7240

Medi-Cal

(530) 889-7610

Durable Medical Equipment (DME)

Kaiser DME Dept: (877) 317-6230

Paratransit

Wheelchair accessible van, providing door to
door transportation in the community CA Transit
Links:

www.apta.com/links/state_local/ca.cfm
Sacramento: (916) 429-2009
Auburn Transit (530) 823-4211
Roseville Radar: (916) 774-5757