

Memory Clinic Team

The Neurology Memory Clinic staff is dedicated to the medical and social needs of patients, their families and caregivers. Your care team includes:

- Neurologist
- Nurse Practitioners
- Medical Social Workers
- Pharmacists (on initial evaluation)
- Medical Assistants

Preparation for your appointment

We understand that each day brings a multitude of challenges and caregiving may be all-consuming. We are here to assist you in what is important to you.

Please complete the following prior to your appointment:

- List of questions and concerns
- Completed questionnaires
- **BRING ALL MEDICATIONS (in their bottles)**
 - **Include over-the-counter medications, vitamins, etc.**

Medications are a key component of disease management.



Our Goal and Commitment

Medical care, social support services, resources, education and follow-up care for patients living with dementia include:

- Defining dementia
- Educational programs, caregiver classes, caregiver support groups, and community resources
- Maintaining daily, self-care activities
- Short and long-term care planning
- Managing difficult behaviors
- Caregiver coping , family conferences
- Educational materials for patients, caregivers, and families
- Legal and financial planning and referrals
- Assistance with obtaining services in the Kaiser Permanente system
- Avoiding unnecessary hospitalization

We are committed to providing excellent and compassionate care to our patients, families, and caregivers.

Our goal is to ease the challenges of day-to-day care and keep your loved one safe at home. We will work in concert – families, caregivers, and staff – together as a team.

 **KAISER PERMANENTE®**
Neurology Memory Clinic



(916) 474-6386

Monday – Friday

8:30 AM to 5:00 PM

Non Urgent Voice Mail

Urgent After Hour Assistance
(Advice Nurse): 916-784-4050

 **KAISER PERMANENTE®**
Neurology Memory Clinic



Our mission is to provide an excellent integrated care experience for patients who suffer from dementia. Our team emphasizes a team approach to provide diagnosis, treatment, education and management of patients with memory loss or dementia. This approach allows for the coordination of care between specialists and emphasizes education, support, advanced planning, and treatment.