

# Health Education Department Management



**Michelle Tinitigan, MD**  
Chief of Patient Education



**Yvonne Gallot, MPH**  
Health Education Director



**Aimee Abellar, MSBH**  
Health Education Manager

# Administrative Team

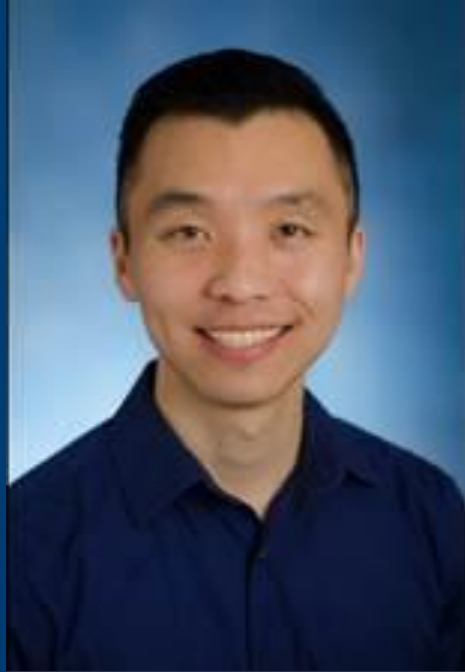


**Al Anub**  
**Senior Staff Assistant**



**Connie Bonilla**  
**Health Education Assistant**

# Technology & Wellness Center



**Calvin Wong**  
**Project Manager II**

# Senior Health Educators



**Maytal Benbenisti, MPH**  
Prenatal



**Sarah Kohansal**  
M.Ed., MPH, PhD  
Behavioral Health  
& Diversity



**Becky Mark, MPH**  
Chronic Conditions  
& Pediatrics



**Lisa Pecache, MPH**  
Tobacco Prevention &  
Weight Management

# Personal Health Coach Program



**Heather D'Eliso Gordon, RD, CSSD**  
**Registered Dietitian/Sports Dietitian**  
**Certified Plant-Based/Culinary Nutrition**  
**Nutrition Health Coach**



**Aleah Mainzer, MPT, CPT**  
**Licensed Physical Therapist**  
**Certified Personal Trainer**  
**Certified Pilates Instructor**  
**Fitness Health Coach**



# Medical Weight Management



**Mary Daly, MA, HHE  
Program Manager II**



**Vandana Prasad, MBA  
Program Assistant**

# Nutrition Clinic



**Hilda Carey**  
**MA, RD, CSP**  
**Registered Dietitian**



**Ciara Conlon-Hewitt**  
**MS, RD, CDE**  
**Registered Dietitian**



**Heather D'Eliso-Gordon**  
**Registered Dietitian**  
**Sport Dietitian**



**Eunice Wong**  
**MS, RD, CDE**  
**Registered Dietitian**