

Manage your care at kp.org

With **kp.org**, you can securely access many time-saving tools and resources to help you stay on top of your health.

Visit **kp.org** anytime, from anywhere, to:*

- View most lab test results
- Refill most prescriptions
- Email your doctor with nonurgent questions
- Schedule and cancel routine appointments

Creating a kp.org account is easy

To register, **go to kp.org/newmember** from a computer and follow the sign-on instructions. You'll need your medical record number, which you can find on your member ID card.

If you haven't already registered, your post-transplant team will be happy to help you do so during your appointment.

*These features are available when you get care at Kaiser Permanente facilities.



San Francisco Nephrology Specialty Department

450 6th Ave., 3rd Fl.
San Francisco, CA 94115
415-833-8726

Mon.-Fri, 8:30 a.m. to 5 p.m.

Enter the parking lot from 5th Avenue, between Geary Boulevard and Anza Street.

South Sacramento Nephrology Specialty Department

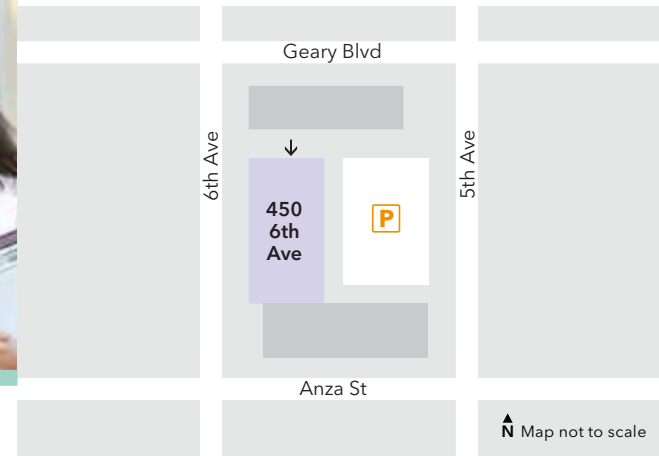
6600 Bruceville Rd.
Medical Office Building 3, 3rd Fl.
Sacramento, CA 95823

916-688-6985

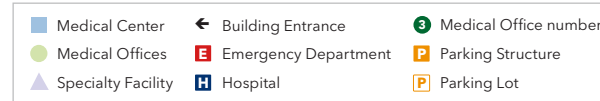
Mon.-Fri, 8:30 a.m. to 5 p.m.

If you call after hours with a concern related to your transplant, we'll connect you to an on-call transplant nephrologist.

Campus maps



San Francisco Medical Center French Campus



South Sacramento Medical Center

San Francisco and South Sacramento Medical Centers



Continuing care for your new kidney

Nephrology Specialty Department

Getting started on your ongoing care

After your kidney transplant, you'll get ongoing care from the Kaiser Permanente Nephrology Specialty Department. Your care team is here to help keep your new kidney healthy.

UC San Francisco transplant nephrologists – doctors who specialize in treating kidney transplant patients – provide care at both our San Francisco and South Sacramento Medical Centers. They'll work with your Kaiser Permanente nephrology specialty team, including:

- Your Kaiser Permanente nephrologist
- Nurse practitioners and registered nurses who are transplant specialists

As you transition back to Kaiser Permanente from care at UC San Francisco or UC Davis, you'll attend an orientation at our Nephrology Specialty Department.

During this visit, you'll meet with your post-transplant care team to:

- Review your care history, current medications, and treatment plan
- Go over your lab testing and appointment schedule for the upcoming year

- Review your medication routine and other daily care
- Answer any questions you may have about your recovery
- Schedule your next appointment



What to bring to your first appointment

- A list of your current medications
- A family member who can help with medications, appointments, and care

Your care team

Nephrologist

A nephrologist is a doctor who treats kidney diseases. They:

- Help decide if you qualify for a transplant
- Refer patients for kidney transplant surgery
- Help care for you before and after surgery

Transplant nephrologist

A transplant nephrologist is a doctor who specializes in treating kidney transplant patients. They:

- Manage medical problems before and after surgery

- Help identify and manage transplant rejection
- Prescribe and manage your medication after surgery

Transplant nurse practitioner

A transplant nurse practitioner is a licensed, advanced practice registered nurse with special training in the care of transplant patients. Working under the direction of the transplant nephrologist, the nurse practitioner:

- Diagnoses and treats illness
- Can prescribe medications

Transplant coordinator

A transplant coordinator is a licensed registered nurse with special training in the care of transplant patients. As your primary contact on the care team, they:

- Act as a liaison between your primary care doctor, nephrologist, renal case manager, and the rest of the transplant team
- Help you understand your medications
- Teach you what you need to know about transplant care
- Answer any questions you might have when you're at home
- Monitor your labs and medications
- Help set up any diagnostic tests or appointments the transplant nephrologist recommends

Social worker

A social worker is a specially trained, licensed professional who helps patients and families cope with the transplant process. They can help you:

- Plan for time away from work or home
- Find resources to help with health coverage questions
- Identify other community resources to support you
- Deal with emotional issues



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