



Come Join Us for a Special Thrive Kitchen Event with Chef Bryant Terry!

We're excited to welcome Guest Chef Bryant Terry to the Thrive Kitchen to do a plant-based cooking demonstration and book signing for his latest cookbook, *Vegetable Kingdom* (Ten Speed Press/Penguin Random)!

Bryant Terry is a James Beard Award-Winning chef, educator, and author renowned for his activism to create a healthy, just, and sustainable food system. Since 2015 he has been the Chef-in-Residence at the Museum of the African Diaspora (MoAD) in San Francisco where he creates public programming at the intersection of food, farming, health, activism, art, culture, and the African Diaspora.

Bryant will show us how to make his recipe for citrus and garlic-herb braised fennel with sunchoke cream. After the demo and tasting, you will also be able to purchase a copy of *Vegetable Kingdom* and have it signed.

www.bryant-terry.com

IG and Twitter: @BryantTerry

Registration Information:

Wednesday, February 12, 2020 6:30-8:30PM.

Thrive Kitchen, 1600 Owens St, 6th Fl.

Pre-registration is required. \$15 KP Members/\$20 General Public. Cookbook available for an additional fee.

Call 415-833-3450 or email SFHealthEd@kp.org to reserve your spot.