



Autism Spectrum Disorder Resources: Websites, Books, and Community Services

WEBSITES

www.autism-society.org: **Autism Society of America** is the first web site for Parents and Providers specific to Autism Spectrum Disorder (ASD). Well updated and comprehensive, information is also available in other languages (e.g., Spanish). This site also provides useful links to other related websites.

www.autismspeaks.org: **Autism Speaks** is dedicated to increasing awareness of ASDs, funding research into the causes, prevention and treatments for autism, and advocating for the needs of individuals with autism and their families. One particularly helpful feature of this website is the “Toolkits” section.

www.aacap.org: Website for the **American Academy of Child and Adolescent Psychiatry**. The section *Facts for Families* offers very useful information for families on all aspects of psychopathology. Many children with an ASD diagnosis have received other psychiatric diagnoses. This web site offers information on those disorders and valuable links with other general resources.

www.cdc.gov/ncbddd/autism: **Centers for Disease Control and Prevention** is a federally-funded agency committed to scientific developments in research on ASD and other conditions. This website provides basic information on ASDs as well as information specific to scientific research.

www.brightfutures.org: **Bright Futures at Georgetown University** - The American Academy of Pediatrics and the American Academy of Child and Adolescent Psychiatry have endorsed this initiative funded by several federal agencies to provide education and resources about general topics in children’s health. Families are referred to the Mental Health document and the chapters on Development, Pervasive Developmental Disabilities, and Mental Retardation, although families may find value in many other chapters. The Bright Futures Initiative is designed to serve both Providers and Parents.

www.poweroftheordinary.org/sitemap.php: From the **Center for Dissemination and Utilization** which promotes the use of evidence-based practices by parents and practitioners in early intervention, early childhood education, and parent and family support programs. Contains a wealth of tools to help parents of children ages 0-6 recognize and use powerful everyday learning opportunities with their children.

<http://firstwords.fsu.edu/>: **First Words Project** is a model early identification and intervention program based at Florida State University. This website contains basic information about ASDs, videos, and information for parents.

www.iidc.indiana.edu/irca: **Indiana Resource Center for Autism** provides communities, professionals, and families with the knowledge and skills to support children and adults in typical early intervention, school, community, work, and home settings. This website contains many useful articles and resources, including tablet applications and visual supports.

<http://www.nea.org>: Website for the **National Education Association**. Many useful resources, including a printable educational guide for professionals and families entitled *The Puzzle of Autism: What Educators Need to Know* (<http://www.nea.org/assets/docs/HE/autismpuzzle.pdf>)

www.do2learn.com: **Educational Resources for Special Needs**. Many printable tools and resources for families to help their children, including visual supports and schedules, communication cards, games, etc.

www.firstsigns.org: **First Signs** is dedicated to the early identification of and intervention with children with developmental delays and disorders.

Asperger's Syndrome and High-Functioning ASD Websites:

www.aspennj.org: Asperger's Syndrome Education Network

www.maapservices.org: Global Asperger's & High Functioning ASD Information and Support Network

ASD Research Websites:

<http://aarr.stanford.edu/>: Autism and Asperger's Syndrome Research Reports

<http://www.nimh.nih.gov/health/topics/autism-spectrum-disorders-pervasive-developmental-disorders/index.shtml>: National Institute of Mental Health

www.mindinstitute.org: UC Davis M.I.N.D. Institute

BOOKS

Understanding ASDs, Intervention, and Education:

Ten Things Every Child with Autism Wishes You Knew (2012) by Ellen Notbohm

Overcoming Autism (2005) by Lynn Kern Koegel and Claire LaZebnik

Right from the Start: Behavioral Intervention for Young Children with Autism, Second Edition (2007) by Sandra Harris and Mary Jane Weiss (appropriate for parents of children who are 18 months to 5 years old)

Engaging Autism: Using the Floortime Approach to Help Children Relate, Communicate, and Think (2006) by Stanley Greenspan and Serena Wieder

Do-Watch-Listen-Say: Social and Communication Intervention for Children with Autism (2000) by Kathleen Quill.

More than Words: Helping Parents Promote Communication and Social Skills in Children with Autism Spectrum Disorder (2012) by Fern Sussman

Solving behavior problems in autism: Improving communication with visual strategies (1999) by Linda Hodgdon

Parenting with Positive Behavior Support: A Practical Guide to resolving Your Child's Difficult Behavior (2006) by Meme Heineman, Karen Childs, and Jane Sergay

Autism & Developmental Delays in Young Children: The Responsive Teaching Curriculum for Parents and Professionals (2007) by Gerald Mahoney and James MacDonald

Educating Children with Autism (2001) by National Research Council, National Academies Press

Pivotal Response Treatments for Autism: Communication, Social & Academic Development (2006) by Robert & Lynn Koegel.

Play to Talk: A Practical Guide to Help Your Late-Talking Child Join the Conversation (2007) by James MacDonald

PRO-ED Booklet Series on Autism Spectrum Disorders (2007) edited by Richard L. Simpson. www.proedinc.com

- *How to do Incidental Teaching*
- *How to Support Children with Problem Behavior*
- *How to Teach and Plan for Peer Social Interactions*
- *How to Use Joint Action Routines*
- *How to Do Discrete Trial Training*
- *How to Use Video Modeling and Video Prompting*
- *How to Use Augmentative & Alternative Communication*
- *How to Develop & Implement Visual Supports*
- *How to Write and Implement Social Scripts*
- *How to Plan a Structured Classroom*

Social and Communication Development in Autism Spectrum Disorders: Early Identification, Diagnosis, and Intervention (2008) by Wendy Stone & Tony Charman

It Takes Two To Talk: A Practical Guide For Parents of Children With Language Delays (2004) Jan Pepper & Elaine Weitzman

Let's Talk Together - Home Activities for Early Speech & Language Development (2008) Cory Poland & Amy Chouinard

The SCERTS Model: A Comprehensive Educational Approach for Children With Autism Spectrum Disorders (2 volume set) (2005) by Prizant, Rubin, Wetherby

Books Specific to Social Skills Development:

Peer Play and the Autism Spectrum: The Art of Guiding Children's Socialization and Imagination (2003) by Pamela J. Wolfberg

The Hidden Curriculum: Practical Solutions for Understanding Unstated Rules in Social Situations (2004) by Brenda Smith Myles, Melissa L. Trautman & Ronda L. Schelvan

The New Social Story Book: Illustrated Edition (2010) by Carol Gray
www.thegraycenter.org

Visual Strategies for Improving Communication: Practical Supports for Autism Spectrum Disorders (2011) by Linda A. Hodgdon

Thinking About You Thinking About Me by Michelle Garcia-Winner, published by Michelle G. Winner, SLP (September 2007) www.socialthinking.com

You are a Social Detective: Explaining Social Thinking to Kids (2010) by Michelle Garcia Winner, Pamela Crooke, and Kelly Knopp

Navigating the Social World: A Curriculum for Individuals with Asperger's Syndrome, High Functioning Autism and Related Disorders (2002) by Jeanie McAfee

Social Skills Training for Children and Adolescents with Asperger Syndrome and Social-Communications Problems (2003) by Jed Baker

Books on High-Functioning Autism and Asperger's Syndrome:

What it is to be Me! An Asperger Kid Book (2005) by Angela Wine [appropriate for children ages 4 and older]

Can I tell you about Asperger Syndrome? A guide for friends and family (2003) by Jude Welton

A Parent's Guide to Asperger's Syndrome and High-Functioning Autism (2002) By Sally Ozonoff

Asperger's Syndrome, A Guide for Parents and Professionals (1998) by Tony Attwood

Asperger's Syndrome and Psychotherapy: Understanding Asperger Perspectives (2003) by Paula Jacobsen

Asperger's: What Does It Mean to Me? (2000) by Catherine Faherty & Gary B. Mesibov

Buster and the Amazing Daisy: Adventures with Asperger's Syndrome (2008) by Nancy Ogaz, Patricia Shubeck (Illustrator)

Jarvis Clutch: Social Spy (2001) by Melvine Levine, Jarvis Clutch, and Ed Shems

Growing Up on the Spectrum: A Guide to Life, Love, and Learning for Teens and Young Adults with Autism and Asperger's (2009) by Claire LaZebnik and Lynn Kern Koegel

Adolescents on the Autism Spectrum: A Parent's Guide to the Cognitive, Social, Physical, and Transition Needs of Teenagers with Autism Spectrum Disorders (2006) by Chantal Sicile-Kira and Temple Grandin

Late, Lost and Unprepared: A parent's guide to helping children with executive functioning (2008) by Joyce Cooper-Kahn and Laurie Dietzel

Asperger syndrome and difficult moments: Practical solutions for tantrums, rage, and meltdowns (2005) by Brenda Myles and Jack Southwick

Books for Girls with ASDs:

Asperger's and Girls (2006) by Tony Attwood, Temple Grandin, Teresa Bollick, and Catherine Faherty

A 5 is Against the Law: Social Boundaries: Straight Up! (2007) by Kari Dunn Buron

The Girls' Guide to Growing Up: Choices & Changes in the Tween Years (2011) by Terri Couwenhoven

Books Related to Sensory Issues:

The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder, Revised Edition (2005) by Carol Kranowitz, M.A.

Sensational Kids: Hope and Help for Children with Sensory Processing Disorder (2006) by Lucy Jane Miller

Raising a Sensory Smart Child (2009) by Lindsey Biel and Nancy Peske

COMMUNITY SERVICES

State and Local Websites:

www.dhcs.ca.gov: Department of Health Care Services

www.dds.ca.gov: The California Department of Developmental Services (DDS). This site has valuable updates on the Autism Best Practices report as well as existing services and mandates. Additionally, this site has links to other State agencies.

www.cde.ca.gov/re/sd: Web site for CA School Districts

Parent Organizations in the Northern California Region:

South Bay

Parents Helping Parents: (408) 727-5775 x160
1400 Parkmoor Ave, Suite 100; San Jose, CA 95126
www.php.com

Jeena Hope for Kids (408) 957-0481
1510 Centre Pointe, Milpitas, CA 95035
<http://www.jeena.org>

Autism Santa Cruz
A support group for Santa Cruz families with children on the autism spectrum
9010 Soquel Dr., Aptos, CA 95003
http://www.mykland.com/autism/Autism_Santa_x.html

San Mateo County

Community Gatepath (650) 259-8500
(many locations)
www.gatepath.org

Contra Costa County

CARE Parent Network (800) 281-3023
1340 Arnold Dr. Suite 115, Martinez, CA 94553
www.careparentnetwork.org

Alameda County

Family Resource Network (510) 547-7322
5232 Claremont Ave. Oakland, CA 94618
www.frnoakland.org

Friends of Children with Special Needs (510) 739-6900
2300 Peralta Blvd., Fremont, CA
<http://www.fcsn1996.org>

Marin, Napa, Solano, & Sonoma Counties

Matrix Parent Network
 94 Galli Dr. Suite C, Novato, CA 94949
www.matrixparents.org

(415) 884-3535
 (800) 578-2592

San Francisco

Support for Families of Children with Disabilities
 2601 Mission St., 3rd Floor, San Francisco, CA 94110
www.supportforfamilies.org

(415) 282-7494

San Francisco Bay Area Autism Society
 PO Box 1207, San Carlos, CA 94070

(650) 637-7772

<http://www.php.com/autism-society-america-san-francisco-bay-area-chapter>

Bay Area Regional Centers:

REGIONAL CENTER ADDRESS	EARLY START REFERRAL NUMBER	COUNTIES SERVED
Alta California Regional Center 2241 Harvard St Sacramento, CA 95815	916-978-6249	Alpine, Colusa, El Dorado, Nevada, Placer, Yolo, Yuba, Sacramento, Sierra, Sutter counties
Central Valley Regional Center 4615 North Marty Avenue Fresno, CA 93722-4186	(559) 276-4300	Fresno, Kings, Madera, Mariposa, Tulare counties
Golden Gate Regional Center 875 Stevenson St; 6 th Floor San Francisco, CA 94103	(415) 546-9222	Marin, San Francisco, San Mateo counties
North Bay Regional Center 10 Executive Court, Suite A Napa, CA 94558	(707) 569-2022	Napa, Solano, Sonoma counties
Regional Center of the East Bay 500 Davis St, Suite 100 San Leandro, CA 94577	(510) 618-6195	Alameda and Contra Costa counties
San Andreas Regional Center 300 Orchard City Drive, Ste. 170 Campbell, CA 95008	Santa Clara Co: (800) 404-5900 Santa Cruz Co: (831) 728-1781 San Benito Co: (408) 846-8805 Monterey Co: (831) 759-7500	Monterey, San Benito, Santa Clara, Santa Cruz counties

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