



The Permanente Medical Group Sleep Medicine Laboratory

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Good morning! We hope your experience at the Regional Sleep Medicine Laboratory has been a pleasant one. We have outlined instructions to help guide your care after the sleep study.

A sleep physician will go through your study and finalize the interpretation. You can anticipate receiving a telephone call from our physician to review your results within seven to ten days. If you need a copy of your report, please contact the Kaiser Permanente San Jose Medical Secretary at [408-972-6655](tel:408-972-6655).

If a therapy device is recommended by our sleep physician, an electronic prescription will be sent to the Durable Medical Equipment (DME) department. Your prescribed equipment will include the following: the type of machine, settings, mask/interface, and Positive Airway Pressure (PAP) accessories needed for your care. You may have a share of cost for this equipment. To verify your DME coverage for Sleep Apnea equipment, please call Kaiser Permanente Member Services Contract Center at [1-866-207-5033](tel:1-866-207-5033) (or for the deaf, hard of hearing, or speech impaired, 1-800-777-1370 TTY), 24 hours a day, seven days (except holidays), and a representative will be happy to assist you.

The DME department will forward your prescription to Apria Health Care. You should receive a phone call from Apria within two weeks to make arrangements for your equipment to be delivered. If you do not return Aprias' call promptly, they will cancel your equipment order. Contact the DME department at [\(877\) 317-6230](tel:877-317-6230) to check the status of your equipment.

If you do not have DME coverage, you will need to request a prescription from the sleep physician who reviewed your study.

For any future issues, please contact your local Out-patient Sleep Lab regarding the machine and mask. If you have not been seen previously by your local Sleep Lab, you will need a referral from your doctor.