



Post Attended Sleep Study Information

Good morning! We hope your experience at the Sleep Medicine Laboratory has been a pleasant one. We have outlined instructions to help guide your care after the sleep study.

A sleep physician will go through your study and finalize the interpretation. Results are generally available about 2-3 weeks after the sleep study. You may be contacted via telephone, e-mail, or letter with the results of the study.

If a therapy device (i.e. CPAP) is recommended by our sleep physician, an electronic prescription will be sent to the Durable Medical Equipment (DME) department. The DME department will forward your prescription to Apria Health Care. You should receive a phone call from Apria within two weeks to make arrangements for your equipment to be delivered. If you do not return Aprias' call promptly, they may cancel your equipment order.

You also may have a share of cost for this equipment, depending on the specifics of your health plan benefits. To verify your DME coverage for Sleep Apnea equipment, please call Kaiser Permanente Member Services Contract Center at 1-866-207-5033 (or for the deaf, hard of hearing, or speech impaired, 1-800-777-1370 TTY), 24 hours a day, seven days (except holidays), and a representative will be happy to assist you. If you do not have DME coverage, you may request a prescription from the sleep physician who reviewed your study by calling the sleep lab at (916) 688-6671.

Sincerely,

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