



Audio Transcript
Clinic Appointment for Memory Evaluation Video
KP South San Francisco Medical Center • Neurology Department
April 2013

Welcome to the “Clinic Appointment for Memory Evaluation” video.

Hello. This is Dr. Craig Hou. I am a Neurologist at the Kaiser Permanente Medical Center in South San Francisco. You may be meeting me or one of my physician colleagues at your appointment. Thank you for watching this video.

In this video you will learn about how to prepare for the appointment ahead of time and what happens during the appointment.

Here is a list of things you can do to prepare for the appointment.

- First, make notes of what changes have occurred and when they happened.
- Second, prepare a list of questions you would like answered or issues to be discussed.
- Next, complete the Memory Clinic questionnaire if you received it.
- Finally, collect all of the prescription and over-the-counter medications you or your loved one are taking.

The evaluation of memory problems during the appointment has three parts.

The first part is an interview with the person and a family member, caregiver or other person who knows the patient well. The interview will review memory and thinking changes and how the changes have affected the daily life, activities, or function. These functions may include things the person used to be able to do independently, but now needs help doing such as getting dressed, showering, taking medications or managing finances. Medications and other health problems will also be reviewed.

The next part is a neurological examination.

Finally, there may be tests of memory and thinking ability. These tests are usually questions that require verbal or written answers.

The appointment may last up to 45 minutes.

As a result of the evaluation, blood tests or a brain scan may be ordered. A diagnosis may not be given at the time of the appointment if additional tests are needed. A social worker may meet with you or your loved one in person or by phone on the day of the appointment or in the future.

On behalf of the staff at Kaiser Permanente medical center in South San Francisco, thank you for watching this video. The next video is "Other Issues Related to Memory Problems."

END.