



**Audio Transcript**  
**Introduction to Memory Evaluation Video**  
**KP South San Francisco Medical Center • Neurology Department**  
**April 2013**

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Welcome to the Introduction to Memory Evaluation Video.

Hello. This is Dr. Craig Hou. I am a Neurologist at the Kaiser Permanente Medical Center in South San Francisco. You may be meeting me or one of my physician colleagues at your appointment. Thank you for watching this video.

In this introductory video, you will hear a general overview of the memory evaluation process. Next, you will hear a preview of the three other videos in this series. Finally, you will learn how to get ready for the clinic appointment.

You may be watching these videos because you or your loved one has been referred for an evaluation of memory problems. The clinic appointment provides you with an opportunity to meet the physician who will do the evaluation. You may also possibly meet with a social worker or speak with him or her later by phone. The goal of the appointment and our staff is to provide education, support, and information at the time of the appointment and in the future as needed.

The other three videos in this series are:

- Information about Memory Problems
- Clinic Appointment for Memory Evaluation
- Other Issues Related to Memory Problems

In the Information video, you will learn about what can cause memory problems. You will also learn about the difference between dementia and Alzheimer's disease. The symptoms and treatments of Alzheimer's disease will be discussed. In the Clinic Appointment video, you will hear about how to prepare before a clinic appointment. What happens during the appointment will also be covered. In the last video, you will discover what other issues need to be addressed when memory problems occur. The three topics that will be discussed are home safety, driving, and Advanced Directive for health care.

The evaluation of memory problems starts even before the actual clinic appointment. Making notes ahead of time can help make the evaluation process more efficient. Please pay attention to what changes have occurred and when they happened. These

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changes may be problems with memory or other thinking skills. Preparing a list of questions will also make the clinic appointment more beneficial to you.

You may have already received a Memory Clinic Questionnaire. Please complete this and place it in a location where you will remember to bring it to the appointment. The same is true for all of the medications, whether they be prescribed by a doctor or over-the-counter, which means they were bought in a store without a prescription.

On behalf of the staff at Kaiser Permanente medical center in South San Francisco, thank you for watching this video series. The next video in the series is “Information about Memory Problems.”

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