



Department of Ophthalmology  
Santa Rosa

Name: \_\_\_\_\_

MR#: \_\_\_\_\_

Imprint Area

## POSTOPERATIVE INSTRUCTIONS: ENUCLEATION

### WHAT YOU MAY EXPECT IN THE FIRST HOURS AFTER SURGERY

- Sore Socket
- Sleepiness
- Poor Appetite
- Possible Nausea and Vomiting (first 1-8 hours)
- Do not remove the bandage***

### WHAT TO TAKE FOR PAIN

1. For pain relief, take Tylenol [oral or rectal (suppository)] every 4 hours, or use a prescription medication as directed by your Physician.

### DIET

1. Clear liquid diet for first 8 hours (tea, ice chips, apple juice, Jell-O, broth).
2. Increase diet gradually - avoid greasy, spicy foods during the first 24 hours.

### ACTIVITY

1. No heavy lifting or bending until your 1st post-op appointment.

### EXPECTATIONS DURING THE FIRST THREE WEEKS

1. Leave patch on until directed by your Physician.
2. After patching has been discontinued, apply the topical antibiotic as directed. Wash your hands before and after applying the medication. A mild discharge is not unusual at this stage.
3. There is a conformer placed behind the eyelids to maintain the space needed for the prosthesis (false eye). It will appear clear or translucent, and you may see drainage holes in the material.
4. After sufficient healing (about six weeks) a prosthesis will be fitted to match the appearance of the other eye.

**Weekdays from 8:30 a.m. to 5 p.m. call the Eye Department at 571-4022, or outside normal hours, call the Hospital Operator at 571-4000 to speak to the ophthalmologist on call if you have:**

1. Increasing pain, swelling, or discharge
2. Fever

### FOLLOW\_UP APPOINTMENT

Please keep your follow-up appointment located in your Pre-op Packet.

**The instructions on this form have been explained to me.  
I understand them and have received a copy of them.**

SIGNATURE OF PATIENT OR LEGAL REPRESENTATIVE

DATE