
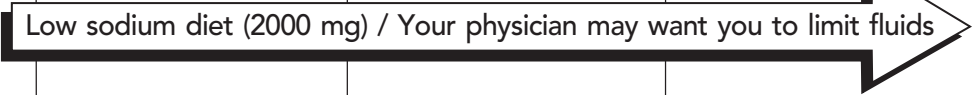



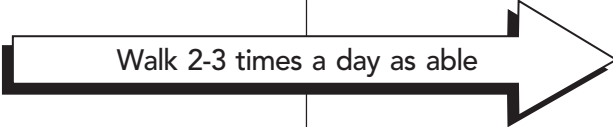







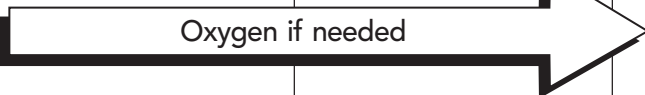











# PATIENT PATHWAY FOR HEART FAILURE

	Day 1	Day 2	Day 3	Day of Discharge (Day 4)	After Discharge	
<b>Diet</b>	 <p>Low Sodium Diet (2000 mg)</p>	 <p>Low sodium diet (2000 mg) / Your physician may want you to limit fluids</p>			 <p>2000 mg Sodium Diet or other diet as ordered by your doctor</p>	
<b>Activity</b>	<p>Out of bed as able</p> 	<p>Walk 2-3 times a day as able</p> 	 <p>Walk 2-3 times a day as able</p>		 <p>Slowly work up to 30 min of physical activity most days of the week</p>	
<b>Medication</b>	 <p>IV heart failure medications</p>	 <p>IV heart failure medications</p>	 <p>Heart failure medications</p>		 <p>Follow written medication plan</p>	
<b>Treatments</b>	 <p>Oxygen if needed</p>	 <p>Oxygen if needed</p>				<p>Check daily</p>  <p>Weight Blood pressure Heart rate</p>
<b>Medical Tests</b>	 <p>EKG Chest X-Ray Daily lab work</p>	 <p>Echocardiogram if needed</p>				
<b>Planning for Home Care</b>	 <p>Discharge planning Begin to learn how to manage heart failure when at home</p>				 <p>Home</p>	<ul style="list-style-type: none"> <li>Follow-up appointment with physician or care manager</li> <li>Kaiser or community resources as needed</li> </ul>

This Pathway shows you what you might expect during your hospital stay. Your stay may be different than what is pictured here.