

Share your values and future health care wishes with those you love



LIFE CARE planning

my values, my choices, my care

Who would speak for you if you were unable?

Life Care Planning certified facilitators are available to assist you and your family members with discussing your future health care decisions as well as help you identify someone who would speak for you if you were unable to communicate.

Life Care Planning Assistance

Please contact the Center for Healthy Living to register for one of our sessions by calling (562) 622-4150.

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