

## Preparing for Your Surgery

Due to the evolving COVID-19 pandemic and physical distancing guidelines, Kaiser Permanente has initiated temporary restrictions for patient visitors. We recognize that this may be difficult, however NO VISITORS are permitted at any hospital location. Please know that your KP family is with you during the surgical process and we will continue to provide safe, high-quality care.

### Key visitor rules:

- Pediatric patients less than 18 y/o may be accompanied by one parent or guardian.
- Patients with cognitive impairments, physical, or developmental disabilities may be accompanied by one caregiver.
- While in the hospital, all patients and visitors MUST wear a mask or face cover.
- All approved visitors must not show symptoms of illness.

### For the Patient

- **COVID Screening Test**
  - You must go through the COVID Drive Thru to get tested 2-3 days before your surgery.
  - You must self-quarantine after the test. You must shelter in place. Do not return to work.
  - Limit contact with others, do not leave your home unless absolutely necessary, do not share utensils or other household items with others.
  - Wash your hands regularly. Disinfect surfaces area daily. Keep your hands away from your face.
- **Days Before Surgery:** The preop team will call to confirm details:
  - Please provide a primary and secondary phone number, as well as your email.
  - Please provide the name, number, and email of your designated driver and caregiver.
  - Please register at KP.ORG for pre-operative instructions to be emailed to you.
- **One Day Before Surgery:** The preop team will call to:
  - Confirm your arrival time.
  - Confirm details to prepare for your surgery.
  - Answer any further questions.
  - Please have your After-Visit Summary and Patient Calendar available.
- **Day of Surgery:**
  - Arrive at scheduled time.
  - Bring your Patient Calendar and face mask/cover.
  - Bring a form of payment for the Co-Pay, picture ID, and Kaiser Permanente card.
  - Do Not bring other valuables.
  - Be prepared for a possible surgical time change. If so, we will contact you via your primary phone number.
  - If there is a delay, there may be a need to wait in your car until you are called.
  - If you have approval for a caregiver, please enter the hospital together.
  - At the entrance of the hospital, you will be temperature screened.
  - After you are cleared to enter, proceed to the 2<sup>nd</sup> floor check-in desk.

### For the Accompanying Adult

- Drop off patient at the front entrance of the hospital, unless you are an approved caregiver or parent of a minor.
- Designated caregiver must be available by phone, at all times, for questions and instructions while the patient is in the hospital. (Be advised the call may originate from an “unknown” or “restricted” caller ID).

- Designated caregiver will receive text messages on progress of patient throughout surgical process.
- Designated caregiver must be available by phone to receive discharge instructions and estimated time to be at the front entrance of the hospital for patient pick up.

5/15/2020