

**Kaiser Permanente San Diego Medical Center and Zion Medical Center  
receive  
Get with the Guidelines-Stroke Gold Plus Quality Achievement Award**

*American Heart Association Award recognizes Kaiser Permanente San Diego's commitment to  
quality stroke care*

**SAN DIEGO, AUGUST 12, 2020** — San Diego Medical Center and Zion Medical Center have received the American Heart Association/American Stroke Association's Get With the Guidelines®-Stroke Gold Plus Quality Achievement Award. The award recognizes the hospitals' commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

San Diego Medical Center and Zion Medical Center earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluating the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines to speed recovery and reduce death and disability for stroke patients. Before discharge, patients receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.

Both hospitals additionally received the Association's **Target Stroke Honor Roll Award** and **Target Type 2 Diabetes Honor Roll**.

To qualify for the **Target Stroke Honor Roll Award**, hospitals must meet quality measures developed to reduce the time between the patient's arrival at the hospital and treatment with the clot-buster tissue plasminogen activator, or [tPA](#), the only drug approved by the U.S. Food and Drug Administration to treat [ischemic stroke](#)

To qualify for the **Target Type 2 Diabetes Honor Roll**, hospitals must meet quality measures developed with more than 90 % compliance for 12 consecutive months for the "Overall Diabetes Cardiovascular Initiative Composite Score."



**About Kaiser Permanente**

*For 75 years, Kaiser Permanente has been committed to shaping the future of health and health care — and helping our members, patients, and communities experience more healthy years. We are recognized as one of America's leading health care providers and not-for-profit health plans. Since July 21, 1945, Kaiser Permanente's mission has*

*been to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve. We currently serve 12.4 million members in eight states and the District of Columbia. Care for members and patients is focused on their total health and guided by their personal Permanente Medical Group physicians, specialists and team of caregivers. Our expert and caring medical teams are empowered and supported by industry-leading technology advances and tools for health promotion, disease prevention, state-of-the-art care delivery and world-class chronic disease management. Kaiser Permanente is dedicated to care innovations, clinical research, health education, and the support of community health. For more information, visit <http://about.kaiserpermanente.org>.*

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