

Give your immune system a healthy boost



There's a lot of uncertainty in the world right now, but there are some simple actions you can take to stay healthy and stress-free.

One of them is boosting your immune system this season with the same, safe protection that health care workers trust – the flu shot.

Whether or not you're a Kaiser Permanente member, we invite you to join us at a **no-cost** flu shot clinic. All are welcome, so bring your family and friends with you!

Free Flu Shot Drive-Thru:
Saturday, October 10, 8:30 AM – 2:30 PM
Kaiser Permanente Gardena Medical Offices
15446 S Western Ave, Gardena, CA 90249

Your life matters, and the flu shot is the safest way to stay healthy this season. For more information, or other locations near you, visit kp.org/flu.