

Skip the trip to the doctor's office



Next time you have a health condition, you have many convenient ways to get care when and where it works for you.



E-visit

Fill out a short questionnaire about your symptoms online and get personalized self-care advice, usually within 2 to 3 hours, from a Kaiser Permanente provider.



Phone appointment

Schedule an appointment to talk with a doctor or nurse over the phone – just like an in-person visit.^{1,2} Appointments are often available same day or next day.



Email

Message your doctor's office with nonurgent questions anytime and get a response usually within 2 business days.¹



Video visit

Meet face-to-face with a doctor by video for the same high-quality care as an in-person visit.¹ Appointments are often available same day or next day.



Mail-order pharmacy

Get prescriptions sent straight to your door with our mail-order delivery service.

Ready to make an appointment?

- Sign in to kp.org or use the Kaiser Permanente app.
- Call us 24/7 at 1-833-574-2273 (TTY 711).
- Visit kp.org/getcare to learn more about your care options.