

Pre – Op Class

Information

To better prepare you for surgery, we ask that you view a 15 – minute preparation video at least two weeks prior to your procedure.

The video will help you understand what to expect before and after your operation, as well as how you can enhance your healing process.

No appointment necessary.

Where:

On the Spot Health Education Center, located on the 1st floor – Medical Offices building, behind the information desk (room # 148)

Office Hours:

Monday – Thursday 8:30 am – 5:00 pm

Fridays 8:30 am – 12:00 pm

Closed 1:00 pm – 2:00 pm for lunch

Closed on Weekends / Major Holidays

Did you know?

Health Education Offers classes on Surgery and Pre-op in the areas of General Adult Surgery, Gynecology/Hysterectomy, Orthopedic, and Urology.

For more information, please contact Health Education On the Spot at (323) 857- 2414

or

The Health Education Department at (323) 298-3300

For additional resources on surgery, healing, and more, please visit kp.org and click the “Health Topics A- Z” link.

To view pod casts on healthy living and successful surgery, go to kp.org/listen.