



IMPORTANT MEDICATION INFORMATION - PREPARING FOR YOUR SURGERY

TO PREPARE FOR YOUR SURGERY, IT IS GENERALLY BEST FOR YOU TO DISCONTINUE CERTAIN MEDICATIONS AT LEAST TWO (2) WEEKS PRIOR TO SURGERY TO PREVENT BLEEDING PROBLEMS. This handout includes a list of some medications and supplements (by generic and trade names) that should generally be discontinued prior to surgery.

PLEASE REVIEW ALL MEDICATIONS YOU ARE TAKING WITH YOUR SURGEON. BE SURE TO CONTACT YOUR SURGEON IF YOU HAVE QUESTIONS ABOUT WHICH MEDICATIONS YOU SHOULD STOP OR START TAKING.

TALK TO YOUR SURGEON ABOUT THESE MEDICATIONS - there may be some important reasons for you to continue certain medications, so if you are taking any of these medications it is important that you discuss this with your surgeon at least 2 weeks prior to surgery.

Products with Aspirin or Salicylates		Blood Thinners
<p><u>Non-Prescription</u></p> <ul style="list-style-type: none"> ▪ Alka-Seltzer ® ▪ Anacin ® ▪ Ascriptin ® ▪ Bayer® ▪ Bufferin® ▪ Ecotrin® ▪ Excedrin ® ▪ Pepto –Bismol ® 	<p><u>Prescription</u></p> <ul style="list-style-type: none"> ▪ Fiorinal ® ▪ Lortab ASA ® ▪ Percodan ® 	<ul style="list-style-type: none"> ▪ Apixaban (Eliquis®) ▪ Aspirin-Dipyridamole (Aggrenox ®) ▪ Cilostazol (Pletal ®) ▪ Clopidogrel (Plavix ®) ▪ Dabigatran (Pradaxa ®) ▪ Prasugrel (Effient ®) ▪ Rivaroxaban (Xarelto ®) ▪ Warfarin (Coumadin®)

Prescription and Non-Prescription Anti-inflammatory Medications (NSAIDs)			
<ul style="list-style-type: none"> ▪ Celecoxib(Celebrex ®) ▪ Diclofenac(Voltaren ®) ▪ Etodolac(Lodine ®) 	<ul style="list-style-type: none"> ▪ Ibuprofen (Advil ®, Midol ®, Motrin ®) ▪ Indomethacin(Indocin ®) ▪ Meloxicam(Mobic ®) 	<ul style="list-style-type: none"> ▪ Naproxen (Aleve ®, Anaprox ®, Naprosyn ®) ▪ Nabumentone(Relafen ®) ▪ Piroxicam(Feldene ®) 	<ul style="list-style-type: none"> ▪ Ketorolac(Toradol ®) ▪ Ketoprofen(Orudis ®) ▪ Sulindac(Clinoril®)

DISCONTINUE THESE MEDICATIONS 2 WEEKS PRIOR TO SURGERY

Over the Counter Vitamins & Herbal Supplements				
<ul style="list-style-type: none"> ▪ Chondroitin ▪ Dong Quai ▪ Echinacea ▪ Feverfew 	<ul style="list-style-type: none"> ▪ Fish Oils ▪ Omega-3 Fatty acids ▪ Flaxseed Oils ▪ Garlic 	<ul style="list-style-type: none"> ▪ Gingko Biloba ▪ Ginseng ▪ Glucosamine ▪ Goldenseal 	<ul style="list-style-type: none"> ▪ Kava Kava ▪ Licorice ▪ Melatonin 	<ul style="list-style-type: none"> ▪ St. John's Wort ▪ Saw Palmetto ▪ Valerian ▪ Vitamin E

DISCONTINUE THESE MEDICATIONS ONE DAY PRIOR TO SURGERY

Topical Preparations
<ul style="list-style-type: none"> ▪ Aspercreme ▪ Bengay ▪ Icy Hot ▪ Sloan's Liniment