



COOKING WITH KITCHEN DIVAS

Eat healthy. Live Healthy. Be Healthy.

FREE Healthy Cooking Workshop

Join us as we explore delicious and easy ways to eat more fruits and vegetables and plant-based foods daily. This program is open to the community.

Where: Kaiser Permanente Baldwin Hills-Crenshaw MOB
3782 W Martin Luther King Jr. Blvd
Los Angeles, CA 90018
Outdoor Amphitheater (to the left of the main entrance)

When: Every Tuesday
From March 12, 2019- April 16, 2019
1:00pm-2:00pm

Registration: www.bwwla.org/kitchen-diva/
Please register prior to class.

Kitchen Divas is a program of Black Women for Wellness, sponsored by Kaiser Permanente.

FOR MORE INFORMATION: (323) 290-5955